

# 2025 WINTER POOL DAY SCHEDULE

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY/ FRIDAY

## SATURDAY

## SUNDAY

1:45pm-2:30pm  
Drop-In Aquafit



2:45pm-3:45pm  
Senior Swim



4:00pm-5:30pm  
FREE Public  
Swim



Evening Only  
Session

9:00am-10:00am  
Parent and Tot



10:15am-11:15am  
Rehab Swim

11:30am-12:30pm  
Senior Swim



12:45pm-1:30pm  
Drop-In Aquafit



Evening Only  
Session

9:00am-2:00pm  
Swim Lessons

9:00am-2:00pm  
Swim Lessons

4:00pm-5:30pm  
Public Swim



 Indicates a "Drop In" program. Cost is \$5 per person or \$15 per family.

All other programs require registration. To register for an aquatic program visit [www.countyofkings.ca/registration](http://www.countyofkings.ca/registration)